

# LET'S GO SHOPPING

Fine motor development, phonological awareness, problem-solving, storytelling, incidental reading, hand-eye coordination

## 1. PREPARING A SHOPPING LIST

Collect magazine or newspaper inserts advertising the specials at the shop that you usually frequent.

Hand your child a black koki and ask them to circle the three things that you need to buy that week. Encourage your child to talk through their choices with you. You might say, 'we need bread, milk and cheese' and then you can ask your child to find those items in the flyer. You can ask them to choose more items or fewer. You can also give your child guidelines about only looking on a particular page as well. This is a moment for collaborative work with a parent or guardian.

Under close supervision, give your child a pair of child-sized scissors and ask them to cut out the items that they have circled. They can then glue these cutouts to a piece of paper. Encourage them to glue their pieces down from left to right, starting at the top of the page. This is their shopping list.

## 2. GOING SHOPPING

Take your child shopping and talk them through finding their items and placing them in the cart. You can also ask for their help with unloading the trolley at the till and packing items into bags and placing them back in the cart. You can also talk them through your shopping for the day and the items that you select for the family. A grocery store provides many opportunities for open-ended questions.

### A note on age

This is perhaps an activity better suited to a one-on-one shop with a slightly older child. That being said, with support, a younger child could cope with this activity as well.

